***Jones Zone Video Archive***

*(As Of May 1, 2017)*

**Change**

[Three Simple Questions To Energize A Discussion About Change](https://www.youtube.com/watch?v=s3wNkANQXOs&index=1&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[A Better Way To Change Your World This Week](https://www.youtube.com/watch?v=LJSHy_hLl_E&index=25&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[The Most Difficult Question To Ask About Change](https://www.youtube.com/watch?v=qWkpzJ1WjuE&index=40&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[Who Needs Your Attention When You Are Leading Change?](https://www.youtube.com/watch?v=ib-Bumb9Up0&index=41&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[How To Create A More Positive Response To Change](https://www.youtube.com/watch?v=vvdXybOaZi4&index=42&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[Who Has Your Attention When You Are Leading Change?](https://www.youtube.com/watch?v=DYfW7R-PbSM&index=43&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

**Communication**

[How To Quickly Improve A Negative Conversation](https://www.youtube.com/watch?v=neWWsSFEApg&t=24s&index=17&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[The Big Barrier To Cultivating Stronger Connections](https://www.youtube.com/watch?v=_joc5oBIdhM&index=8&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

**Leadership**

[Two Dangerous Obsessions For Leaders](https://www.youtube.com/watch?v=d8yvJ57OZGc&index=3&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[Why You Need To Make The Tough Decisions](https://www.youtube.com/watch?v=QPo9-gr1BK0&index=4&t=25s&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[When You Are Verbally Wounded As A Leader](https://www.youtube.com/watch?v=dUJmtPY2QLI&index=6&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[Where Are You Being Willfully Ignorant As A Leader?](https://www.youtube.com/watch?v=HKZ_7fawoj0&index=7&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[3 Strong Indicators That You Are Growing As A Leader](https://www.youtube.com/watch?v=exxJI1hTnqw&index=9&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[Ask “What are they thinking right now?” more often](https://www.youtube.com/watch?v=kozaEAyixfY&t=8s&index=1&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[3 Weeds You Need To Help Your Team Control](https://www.youtube.com/watch?v=RV5fPM-Qzbg&index=2&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[Why Going To The Circus Can Help You Grow As A Leader](https://www.youtube.com/watch?v=u5SI9net7TA&index=3&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[3 Reminders From The Big Game About Leadership](https://www.youtube.com/watch?v=r0Am6skRriY&index=5&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[3 Ways To Help Your Team From Feeling Alone At Work](https://www.youtube.com/watch?v=oBOfZ6eSq_Y&t=6s&index=6&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[Why You Need To Set More Boundaries As A Leader](https://www.youtube.com/watch?v=CF8XtQG127k&index=7&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[How 5 Seconds Can Make You A Better Communicator](https://www.youtube.com/watch?v=_JSeja6fq4I&t=10s&index=16&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[3 Quick Ways To Improve How You Encourage Others](https://www.youtube.com/watch?v=RSSmfd4NCn4&t=22s&index=18&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[Why You Need To Be Wrong More Often As A Leader](https://www.youtube.com/watch?v=RETFU7GKS38&t=16s&index=21&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[Why Watching The Olympics Can Make You A Better Leader](https://www.youtube.com/watch?v=wYfa9b4ePW4&t=9s&index=31&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[3 Quick Ways To Show Others You Value Them](https://www.youtube.com/watch?v=yCE6YMm0BxY&t=4s&index=32&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[3 Questions That Will Reduce Your Stress As A Leader](https://www.youtube.com/watch?v=llQXL_Krz4A&index=48&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[3 Quick Ways To Reduce The Stress On Your Team](https://www.youtube.com/watch?v=eG94d9_BjGY&index=49&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[Are You More Of A Selfish Or Servant Leader?](https://www.youtube.com/watch?v=6E9oyyGXXds&index=50&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[3 Things Your Multigenerational Team Needs To Know](https://www.youtube.com/watch?v=j5R1_pnvicE&index=51&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[How To Inspire A Future Leader](https://www.youtube.com/watch?v=loBrKdZIQzs&index=52&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[3 Keys To Leading Without Authority or Managing Up](https://www.youtube.com/watch?v=vaSgHOn0Vb4&index=53&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[How To Quickly Measure Your Success As A Leader](https://www.youtube.com/watch?v=UGy0L2GWVVM&index=54&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[Why You Need More Rest to Be An Effective Leader](https://www.youtube.com/watch?v=t3BJLJSsnMs&index=55&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

**Millennials**

[How To Improve Your Conversations With Millennials](https://www.youtube.com/watch?v=tp6FL9kOMW8&t=1s&index=13&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[Four Ways To Help Your Millennials Succeed As Leaders](https://www.youtube.com/watch?v=ccYwaONIV40&t=29s&index=29&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

**Miscellaneous**

[Where Can You Quickly Serve In Your Community?](https://www.youtube.com/watch?v=xUG9ELQAznA&index=2&t=35s&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[Three Things You Need To Stop Trying To Control](https://www.youtube.com/watch?v=vBl4kb-bqwI&index=5&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[One Critical Thing You Need To Do Before The Holidays](https://www.youtube.com/watch?v=2UqIDrPsT20&index=11&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[One Thing To Do More Often This Week](https://www.youtube.com/watch?v=QAuPMzN40hU&t=5s&index=38&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[Why It's Important To Show Gratitude In The Workplace](https://www.youtube.com/watch?v=SOTkIqVpeHI&index=60&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

**Self-Improvement**

[3 Mentors You Need To Identify For 2017](https://www.youtube.com/watch?v=v51TKchr4GM&index=8&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[How To Clearly Define What You Want From 2017](https://www.youtube.com/watch?v=Droc0SbcTIw&index=9&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[The Four Letter Word You Need To Use More In 2017](https://www.youtube.com/watch?v=NIbolkHaN1k&index=10&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[How To Improve Your Expressions of Gratitude](https://www.youtube.com/watch?v=GqU0p8y4PlU&index=15&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[3 Quick Ways To Be A More Engaging Presenter](https://www.youtube.com/watch?v=onphv-IcfzU&index=24&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[How To Get Moving After A Moment Of Inspiration](https://www.youtube.com/watch?v=2SNHVs5ZKaA&index=30&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[1 Question Guaranteed To Improve Your Motivation This Week](https://www.youtube.com/watch?v=OMSEZnCMXMA&t=4s&index=37&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[How To Avoid The Trap Of Perfectionism](https://www.youtube.com/watch?v=_mdXkRK9vsE&index=39&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

**Time Management/Productivity**

[How To Experience Greater Sanity With Your Email](https://www.youtube.com/watch?v=HnSBufA9Lp0&t=22s&index=20&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[How To Handle The "Have You Got A Minute?" Request](https://www.youtube.com/watch?v=Iupv3TF1IWo&t=43s&index=22&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[Using The MAP Technique To Improve Productivity](https://www.youtube.com/watch?v=y8BIahhSRY8&t=23s&index=33&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[How To Beat The Summer Productivity Slump](https://www.youtube.com/watch?v=2qqEwFNqCyI&t=29s&index=34&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[How To Deal With Productivity Fatigue](https://www.youtube.com/watch?v=qRhaYdeliqA&index=35&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[How To Jumpstart Your Productivity After A Vacation](https://www.youtube.com/watch?v=uTcrU7CQJQs&t=1s&index=36&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[Improving Your Productivity Isn't All About You](https://www.youtube.com/watch?v=fLKx8ZrlWl8&index=56&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[How To Stay Strong With Your Daily Productivity](https://www.youtube.com/watch?v=kMz25BvkwLc&index=57&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[How To Identify Your Daily Priorities](https://www.youtube.com/watch?v=hmE9L1I290g&index=58&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[3 Ways To Improve Your Productivity in 2016](https://www.youtube.com/watch?v=os65r1hfsco&index=59&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[You Need To Stop With The Multitasking Mindset](https://www.youtube.com/watch?v=U8ir2_pAwls&index=61&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[How To Have A More Perfectly Productive Day](https://www.youtube.com/watch?v=xReVbftAyEc&index=62&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[Four Mistakes Keeping You Distracted](https://www.youtube.com/watch?v=8ic804iwU44&index=63&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[5 Ways To Improve Productivity](https://www.youtube.com/watch?v=UQk_me3tCBk&index=64&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

**Work Life Satisfaction**

[How To Improve Your Ability To Keep Up With Everything](https://www.youtube.com/watch?v=vylduwgUX2Q&t=26s&index=12&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[Why You Need To Deal With Your Elephant This Week](https://www.youtube.com/watch?v=5ZykXzCrE9M&index=14&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[How To Handle A Crazy Busy Week](https://www.youtube.com/watch?v=M0euHMZzlxY&index=19&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[How To Reduce Decision Fatigue In Your Day](https://www.youtube.com/watch?v=lB3fBWg7-AM&index=23&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[What Word Will Most Influence Your Choices This Week?](https://www.youtube.com/watch?v=l7oEkt2VC3w&t=31s&index=26&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[3 Ways To Get Clarity When You're Overwhelmed](https://www.youtube.com/watch?v=pfL7q4ojNfw&index=27&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[How To Use Math To Help With Your Overload](https://www.youtube.com/watch?v=umTBaUYUOmY&index=44&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[Why The 5 Whys Can Help With Your Overload](https://www.youtube.com/watch?v=w52RDRzDW6s&index=45&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[Identify Your Overload If You Want To See Improvement](https://www.youtube.com/watch?v=dOMAoP4RB9E&index=46&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)

[How The D Word Can Help With Overload](https://www.youtube.com/watch?v=9sBqHj1eEwQ&index=47&list=PLH4LXwQIBMcZhbAvQbwLprC8pIrj_EYgo)